

**BELLEVILLE
MINOR HOCKEY
ASSOCIATION**
(www.bellevilleminorhockey.com)

**RULES & REGULATIONS
&
CODE OF ETHICS**

2011-2012

**LOCAL LEAGUE
&
O.M.H.A.**

THIS BOOKLET IS PREPARED
BY THE DIRECTORS OF

BELLEVILLE MINOR HOCKEY ASSOCIATION

265 Cannifton Rd.
BELLEVILLE, ONTARIO
K8N 4V8

TELEPHONE: 962-6103
FAX: 962-1041
WEBSITE: www.bellevilleminorhockey.com

THIS BOOK IS AMENDED YEARLY.

2011-12 RULES AND REGULATIONS BMHA

TABLE OF CONTENTS

<u>SUBJECT</u>	<u>PAGE NO.</u>
Table of Contents	3
Introduction:	4
Mission, Vision and Core Value Statement	5
Ethics and Responsibilities of Coaching	6
<i><u>Chapter One: General BMHA Rules and Regulations</u></i>	
General Regulations for Players, Coaches & Team Officials	7
Carded Officials: Defined	8
Equipment	8
Player Eligibility	9
Convener's Responsibility	9
Appointment Process	9
<i><u>Chapter Two: Local League Composition and Playing Rules</u></i>	
League Composition	10
Practices	10
Game Playing Rules	11
Playoff Format	11
Penalty Regulations	12
Protests and Complaints	13
Tournaments and Exhibition Games	13
<i><u>Chapter Three: OMHA Teams and Regulations</u></i>	
Regulations and Deadlines	13
Tyke Major	14
Tryouts	14
Team Management and Equipment	14
Tournaments, Exhibition Games and Practices	15
Code of Conduct Guidelines for Coaches	16
Code of Conduct Guidelines for Parents	16
Code of Conduct Guidelines for Players	16
General Policy Regarding Alcohol, Drugs or other Substances with Performance Altering Properties	17
BMHA Executive 2010-11	18

2011-12 RULES AND REGULATIONS BMHA

INTRODUCTION:

Welcome to Belleville Minor Hockey.

This Booklet is prepared by the BMHA Board of Directors with the intent of providing all participants guidance in the ways by which we will conduct the business of providing an excellent hockey experience to the youth that are involved in our great organization.

As you read through the material contained in this document you will find that parts of the document are of a general and philosophical nature. These parts of the document are intended to give all participants a very good understanding of the expectations of behavior while experiencing hockey in the BMHA Centre.

Other parts of this book are actually written in the context of Rules and Regulations. These sections are intended to be more hard and fast. The Rules and Regulations are necessary in order for the Board or other interested parties to be able to rely on the application of specific solutions to specific circumstances.

Rules are **not meant to be broken**, however, we must all realize that there may be some circumstances that arise from time to time that need to have some flexibility applied. It is in these instances that we ask all participants to support the director responsible or the Board of Directors when situations arise that require the application of flexibility. Be assured that when these examples of special circumstances arise, that very careful thought will be applied with hopefully an outcome that is fair, builds goodwill and is beneficial to all concerned.

As a participant, in whatever capacity, we ask that you always try to look for ways to make your involvement a positive experience for you and for anyone else that is involved and affected by your actions.

Let's use this booklet to help guide us to having a safe and fun hockey experience in BMHA.

Sincerely
Board of Directors
Belleville Minor Hockey Association

2011-12 RULES AND REGULATIONS BMHA

BELLEVILLE MINOR HOCKEY ASSOCIATION MISSION, VISION AND CORE VALUES STATEMENT

MISSION:

The mission of the Belleville Minor Hockey Association (BMHA) is to promote and provide a high quality organized hockey experience for all of its participants and especially for children and youth playing hockey in the BMHA Centre as defined by the Ontario Minor Hockey Association.

BMHA will provide organized hockey in both Recreational Local Leagues (RLL) and also in Representative Team (RT) categories. BMHA will consider both RLL and RT hockey as having equal importance.

BMHA will encourage and promote participation (ie. players, referees and other game officials, coaches, trainers, conveners, parents, general members, committee members and board members) by as many interested persons as possible in order to provide this quality hockey experience.

BMHA will endeavor to continuously improve through the support and development of all participants in their desires to become the best that they can be in their form of participation.

BMHA will provide this quality hockey experience all the while respecting its own By-Laws and Rules and Regulations and, where applicable, the philosophical ideals and the rules and regulations of the Ontario Minor Hockey Association (OMHA), the Ontario Hockey Federation (OHF) and Hockey Canada (HC).

BMHA will provide this quality hockey experience with the highest standards possible within our means and with reasonable regard to cost for the participants.

BMHA will endeavor to continuously find ways to measure its success in accomplishing this mission and vision.

VISION:

Our ultimate vision of success would include the following:

1. To have 100% of all participants in BMHA rate their experience as excellent, and
2. To become publicly known in Canada as one of the best minor hockey programs available to the youth of our country.

CORE VALUES:

BMHA and all of its participants will agree to and promote the following core values:

- Safety
- Fun for All
- Physical, Mental and Social Development
- Development of Hockey Skills and Hockey Knowledge
- Truth, Honesty and Integrity
- Fairness
- Goodwill
- Beneficial Outcomes

We will support and guide our Mission, Vision and Core Values through the application of the following 4 Way Test

Whenever any participant in BMHA is thinking, saying or doing anything with respect to minor hockey (and hopefully in his or her life in general) he or she will ask:

1. Is it the **TRUTH**?
2. Is it **FAIR** to All Concerned?
3. Will it Build **GOODWILL** and Better Friendships?
4. Will it Be **BENEFICIAL** to All Concerned?

ETHICS & RESPONSIBILITIES OF COACHING IN MINOR HOCKEY

As a coach, you play a key role in Minor Hockey. You must be fully aware of your responsibilities, realizing you have another obligation to fill besides the teaching of hockey skills to your players.

Sports, recreational activities and physical fitness, play an important role in our overall educational system. These programs have not originated by accident, but have purposely been instituted to develop and mold the character of tomorrow's citizens.

As a hockey coach, you must consider your position in exactly the same vein. The people around you and your players are all subject to the influence, which you exert in your role as a coach, particularly those in the younger age groups. You must, therefore, be prepared to accept the obligations of giving leadership.

What is leadership? It is simply "SHOWING BY EXAMPLE" the qualities that make a good citizen. These qualities are developed through hockey by teaching what is right and wrong; fair and unfair; cooperation with teammates; respect for authority; respect for the property of others; unselfishness and a sense of duty. In essence, it is the making and molding of young men and women.

Remember that your actions are open to examination. Accept the challenge and you will have a lasting satisfaction far beyond the winning of games and championships.

Remember that it's not whether you win or lose, but how you play the game.

Hockey should be a memorable experience for all players and coaches.

2011-12 RULES AND REGULATIONS BMHA

CHAPTER 1: GENERAL BMHA RULES AND REGULATIONS

In this Section, the Rules and Regulations stipulated shall apply generally to both Local League and Representative Teams in the Belleville Minor Hockey Association. Where any Rule or Regulation, in this Section is deemed to be specific to either Local League or Representative Teams, the said rule shall indicate such specificity. Otherwise, each Rule or Regulation shall apply to both Local League and Representative Teams.

GENERAL REGULATIONS FOR PLAYERS, COACHES AND TEAM OFFICIALS

1. Coaches and/or managers are responsible for seeing that all players on their team act in an appropriate manner, on and off the ice, including the dressing room. If a coach or manager must leave before the last player has left the dressing room, he must appoint a parent to be in charge. If a coach or his designate has a problem with players, he will report it to the convener or Director Responsible in the case of Representative Players. The convener will immediately report the incident to the appropriate Director responsible. The players are responsible for conducting themselves in a sportsmanlike manner. Pushing and shoving and horseplay may result in suspension. Please refer to the code of conduct guidelines on Pages 16 & 17 for full details.
2. All exhibition games and tournament entries must be approved by the division convener or the Director responsible and such approval shall include the completion of any necessary documentation as required by BMHA or OMHA.
3. BMHA recognizes that from time to time teams may have a need for affiliated players in the event of injury, sickness, vacations or other justifiable reasons. In all cases, the use of affiliated players should be done with good communication and application of the rules and documentation specific to each case. For Local League use of affiliated players, it is imperative that all concerned become involved. Coaches must first discuss the need for affiliated players with their convener responsible for their division who in turn will involve the convener from the next lower division. Together, these people will develop an appropriate plan for the selection of affiliated players that will provide for fairness in selection to all players that are possible affiliated players. Once this process is complete then generally the rules governing affiliated players in the OMHA Rule Book shall apply. In the case of the selection of affiliated players for representative teams, the rules contained in the OMHA Rule Book shall be the governing authority.
4. No team shall hold a separate bank account. All monies must be forwarded to the BMHA Treasurer who will credit the team account accordingly.
5. Teams must not solicit any sponsor without the approval of the B.M.H.A. Executive.
6. No promotional or fund-raising activities may be undertaken without the express written approval of the B.M.H.A. Executive.
7. No player will be excluded from a team due to illness or injury. He will be given all benefits due his team at the end of the year.
8. All players must be kept in their respective dressing room until completion of the preceding game, and if the ice is being resurfaced, until the zamboni has left the ice and the doors are closed.
9. Teams are requested to leave the ice surface immediately upon completion of their game.
10. Due to scheduling, teams are requested to clear the dressing room as quickly as possible.
11. All players are responsible for their own clothing and personal articles.

2011-12 RULES AND REGULATIONS BMHA

12. The division convener or appropriate Director responsible must approve any changes deemed necessary to the original team composition.
13. The appropriate Director responsible will approve all changes to Local League or Representative schedules.
14. A player whose parents have moved into the area covered by BMHA during the hockey season will be permitted to play in the division for which he is eligible. If he becomes a resident at a time that he cannot participate in three regularly scheduled games prior the division play-offs, he will not be eligible to play for the remainder of the season on any team competing in the play-offs, but will be permitted to play on a team which has been eliminated and is only playing exhibition or tournament games.
15. Any player leaving a B.M.H.A. Representative Team once selected to said team, to play for a team of higher caliber, i.e. junior shall forfeit his registration fee.
16. Any player, who has not registered by the date specified, will be placed on a waiting list, and will be assigned to a team on a first come first serve basis as soon as a vacancy exists. Final registration to occur at the discretion of the BMHA Executive. Special consideration will be given to OMHA caliber players who were out of town attending tryouts or are injured at the time of tryouts.
17. When justified, the convener or Director responsible may suspend players and/or team officials. The convener will report any suspensions to the Director responsible immediately. The players and/or team official may request in writing within 24 hours of the suspension, that a hearing be held before the Board of Directors. Such a hearing to be within 48 hours of the formal request.
18. Any player may move up one division in Local League at the sole discretion of the BMHA Executive.
19. Team officials will, at all times, conduct themselves in an exemplary manner and will not carry on arguments or displays of hard feeling before any team member. The use of alcoholic beverages while engaged in any activity with any team will not be tolerated. This includes arriving with the intent of engaging in an activity with a team, having already consumed alcohol prior to attending the team activity. Please refer to the team official, player and parent guideline detailed on page 16 & 17 for more details.
20. Any parent convicted of a criminal offense against the B.M.H.A. will not be allowed to participate in any fundraising activities for any team. Their fundraising commitments must be fulfilled by a suitable and appropriate replacement.
21. No foul or abusive language will be tolerated from the bench, or in the dressing room.
22. Coaches may arrange to have their respective dressing room locked by picking up a key from the canteen or the rink attendant.
23. With respect to Local League, during the hockey season, a coach may be required to provide a representative for the convener at regular scheduled games. Failure to do so, may lead to suspension of the coach as follows:
 - First Offence – one game suspension
 - Second Offence – two game suspension
 - Third Offence – Written report to BMHA Executive with the conveners recommended action
24. **All Coaches and team Staff shall provide to the BMHA Executive a current police check as provided by the local police authority. Failure to provide such check will result in immediate replacement of the individual has not provided a police check.**

2011-12 RULES AND REGULATIONS BMHA

25. All Coaches shall have clearance as per policy as set by the BMHA and OMHA.
26. All coaches' positions are subject to review and approval of the police check per BMHA and OMHA policies.
27. As per OMHA policy all coaches, assistant coaches, trainers, or other volunteers on the ice at practice must wear an approved C.S.A. Hockey helmet.
28. Any player who assists in a practice of a younger age classification must wear the following equipment, hockey gloves, helmet, skates, jock and throat guard.
29. Only carded team officials approved by the BMHA and OMHA, and players fully equipped and actively involved in the game in progress shall be allowed on the bench.
30. During Representative League Playoff times, all teams must be ready to travel on 24hrs notice, schedules are based on the availability of ice at each center, and teams must accommodate last minute changes.

Carded Officials Defined

- All Local League and OMHA team officials shall be carded as per OMHA regulations.
- All OMHA and Local League team officials and conveners must take the Abuse and Harassment Clinic as delivered by the OMHA. Any team official who has not completed this course is not eligible to participate as a team official in any capacity.

Only teams with carded coaches and trainers are allowed to play exhibition out of town and enter tournaments.

Any Coach that is given a team and then fails to fill the Card requirements will be removed from the team, and replaced.

31. An individual is only allowed to be carded to one OMHA representative team per season.
32. Any BMHA Board member may coach at the Local League Level only.

EQUIPMENT

1. All goaltenders must have heel guards or official goal skates with the exception for Local League goalies only. They must wear C.S.A. approved hockey helmets and full-face masks, neck guards and chin flaps. Goalie equipment is provided for Atom Local League teams and below only.
2. All players must wear C.S.A. approved hockey helmets and full face masks, neck guards, hockey gloves, hockey pants/girdle and shell, athletic supporters, shin pads, elbow pads, shoulder pads and socks if wearing short pants/shell. A player's helmet and mask must not protrude more than 1.5" from the head and face and shall not be a football helmet type. All players shall wear a colored mouth guard per OMHA standards. All players must have helmets on while on the bench, even if not playing at that particular time as in the case of the extra goalie. All participants on the ice during practice must wear an approved C.S.A. hockey helmet as per OMHA policy. All participants on the ice during practice under the age of 18 years must also have on hockey gloves, and a neck guard.
3. All sticks must conform to C.H.A. standards.
4. Team coaches are responsible for all BMHA owned equipment assigned to them by BMHA.
5. Team coaches are responsible for the return of all equipment (Jersey's and Goalie) immediately following the team's last playoff game or a date set by the Executive.

2011-12 RULES AND REGULATIONS BMHA

6. All House League and OMHA sweaters are the property of the Association. House League sweaters will be crested with the Belleville Bulls Cartoon Logo on the front with a Sponsor Bar and OMHA Stop sign on the back above the numbers.
7. Unless, in any given year, the Board of BMHA determines that House League jerseys can be kept by players after the season ends, the House League player is responsible for returning his sweater back into his/her coach. Registration Fees for House League will include a deposit fee for Jersey's this fee will be returned after inventory has been taken on all jerseys at the end of the season.

PLAYER ELIBIBILITY

1. All players in BMHA that participate either in House League or on a Representative team will do so only if said player complies with OMHA Regulation 3.0 Player Eligibility (OMHA 2011-12 Manual of Operations, By-Law, Regulations and Policies pp. 81-87).

GOALTENDER RELIEF

1. No application for goaltender relief will be considered if the BMHA center will be reduced at that level for which relief is requested to less than 2 goaltenders per Representative Team and 1 goaltender per Local League Team. The VP of BMHA's representative team and Executive Director will not consider any request to provide relief to adjacent centers until all BMHA center teams have rostered a goalie on each Local League team.

CONVENOR'S RESPONSIBILITIES

1. A convener or his designate will be on duty during all regularly scheduled games. An exception would be in the case of the OMHA convener, in which case, the representative team manager will be on duty in place of the OMHA convener.

Convener's Duties

- Responsible for ensuring that League teams are balanced, to meet with appropriate Director and organizing possible team adjustments in early season to ensure promotion of Core Values
 - Responsible for getting referees to start game on time.
 - Checking on first aid kit, (keep supplies on hand)
 - In case of accident, see that the first aid is administered. In the event of serious injury, see that the parent/guardian is advised, and be sure to fill out OMHA Insurance Form that is available from the BMHA office, if the convener does not have one. This form must be completed within 48 hours of the time of the injury.
 - Have timekeepers and referees sign game sheet.
 - Convener, at his/her discretion makes the home team responsible for scorekeeping and visiting team for timekeeping.
 - Fill out the game result sheets for submission to the local paper. Keep stats and send copy to BMHA office for maintenance of league standings.
 - Ensure the coaches obey the Playing Rules and Regulations in this booklet.
 - Responsible for team composition agreeable to all concerned. (See draft guidelines)
 - A BMHA Director shall be invited to all Convener and coaches meetings.
 - All major penalties shall be reported to the Director responsible for Local League immediately.
 - All game sheets shall be kept by the conveners in an orderly manner.
2. Before House League coaches are assigned a team, they must possess Valid Certifications from the OMHA, the Conveners and the Vice-President of L.L. will then submit a list of proposed coaches and assistant coaches to the Board of Directors. Only approved coaching staff will be insured and permitted on the bench.

2011-12 RULES AND REGULATIONS BMHA

APPOINTMENT PROCESS

From time to time the BMHA will need to engage the services of other individuals in various capacities or functions in order to fulfill the mandate of providing an excellent hockey experience to the participants and especially the players. Such positions include, but are not necessarily limited to, Coaches, Coaches Mentor(s), Referee in Chief, Referee Assigners and other special function positions. The appointment process for such positions shall be as follows:

1. Referee in Chief (RIC) or Referee Assignor: If the Executive Director determines in any given year that BMHA will have a Referee in Chief and/or a Referee Assignor, then the Executive Director shall advertise for the position or positions. All applicants shall be reviewed by the Executive Director along with the Committee Responsible for Human Resources and a successful applicant recommended to the Board for approval. The Board and the successful applicant will enter into a Supply of Services Agreement with term of engagement to last no longer than two seasons per contract.
2. Coaches Mentor: If the Board determines in any given year that BMHA will have a Coaches Mentor Program then the same process of selection as used for the RIC shall be used in order to select the appropriate Coaches Mentor.
3. Coaches: The Personnel Committee of the Board shall be given the authority to develop an appropriate interview and selection procedure and methodology to select coaches for both House League and Representative teams.

In the case of representative teams the process shall include an advertisement one month before final submission deadline each year inviting applicants. The personnel committee, by method chosen by the committee, shall then review, complete the interviews and complete the selection process no later than July 31st each year. Also, in the case of representative team coaches, if the Board has a director responsible for OMHA representative teams, then this director shall be involved in the procedure used for selection of coaches.

In the case of House League coach's selection, the personnel committee shall also advertise publicly the need for House League coaches and invite applicants to submit their applications well in advance of the need for BMHA to select teams and form leagues. The Director responsible for House League play at all divisions shall be involved in the procedure used for selection of coaches.

4. Other Special Positions: In the event that the Board deems from time to time that BMHA requires the services of other special positions then the Board shall develop specific processes of selection for that position at the time the position is deemed necessary or as soon as is practical thereafter.

CHAPTER 2: LOCAL LEAGUE COMPOSITION AND PLAYING RULES:

LEAGUE COMPOSITION

1. Each league Mite through Midget/Juvenile will carry at maximum 15 skaters and two goalies. The executive of BMHA will determine the numbers of players on each team based on annual registration. The placement on teams shall be based on a first come first serve basis.
2. Any player requesting a full refund must do **so before start of the 4th game**. After that date partial refunds will be considered if a written request explaining the justification for such refund is received by the Board of Directors.
3. The Conveners and Directors of BMHA are under no obligation to meet any special requests for players to be on certain teams. Under most circumstances special requests will not be met. At all

2011-12 RULES AND REGULATIONS BMHA

times, siblings will be placed on the same team if they play in the same division, unless requested otherwise.

4. Players of coaches and sponsors shall be placed on the team that the parent coaches or sponsors.
5. Conveners and the Director responsible for H.L. shall be responsible for the orderly selection of teams. Generally, conveners with the assistance of Coaches shall draft players to teams based on previous years rating systems or by such other means deemed appropriate at the time of selection and with the approval of the Director responsible for H.L. and the convener. The first step of the draft shall be the determination and appropriate allocation of coaches to a team, keeping in mind concepts like sponsorship affiliations. Next, and using the division list of players registered at the time of the draft, the coaches shall place the coach's child on that team, then the trainer's child on that team, then, if there is a child of the sponsor, the sponsor's child on that team. The next step shall be to divide up the rest of the division list by first allocating any female players and then the remainder of the list as close as possible by equal skill level. Finally, one trade will be allowed after each coach has his team provided there is another coach willing to make such a trade.
6. The Director responsible for H.L. may choose to not use a draft system and in such instance will draw up teams for any division or divisions using a methodology that supports our mission, vision and core values together with the four way test. Before proceeding with any methodology other than a draft the Director responsible for H.L. will have his or her plan of selection approved by the Board.
7. The convener or Director responsible for H.L. shall have the authority to balance the teams before team pictures are done.
8. All players must be registered before playing.
9. Coaches using ineligible players will be suspended until further review.

REFUND POLICY

1. Any player requesting a full refund must do **so before start of the 4th game**. After that date partial refunds will be considered if a written request explaining the justification for such refund is received by the Board of Directors.
2. Refunds will be granted from the earlier of a) the date that a ' Player Registration Refund Request' is received by the Association, and b) the date that a player's injury or medical condition prohibits a player from playing. (Doctor's letter will be required)
3. In order to be considered for a refund you are required to complete the "Player Registration Refund Request" form. Any requests arising as a result of an injury that prohibits a player must be submitted within 30 days of the date of the injury.
4. Refunds will not be granted for games lost due to injury, illness or otherwise.
5. (See 15. General Regulations for Players, Coaches and Team Officials)
6. BMHA will not grant refunds for games lost due to delays, deterrents or cancellations of the ice by the City as the result of: strikes, picket lines or other union actions; Acts of God; major mechanical and electrical failures which are beyond the control of the BMHA.

PRACTICES

1. A House League or Representative Coach must use all practice ice assigned to him by BMHA. This ice must not be re-assigned by the coach. Ice that is purchased by the coach in addition to ice assigned by BMHA shall not conflict with the BMHA assigned practice ice. All teams must attend practices. Any team not attending shall result in the coach being suspended and any further BMHA ice for that team for practice purposes may be terminated.

2011-12 RULES AND REGULATIONS BMHA

2. No exhibition games will be allowed without two CHOP certified referees.

GAME PLAYING RULES

1. OMHA and C.H.A. rules will prevail in all divisions with the additions and as set out in this section.
2. **EQUAL ICE TIME WILL BE GIVEN TO ALL PLAYERS.** Where this condition is deliberately abused, the convener will take disciplinary action which will be as follows:

- 1st Offence- warning
- 2nd Offence- 1 game suspension
- 3rd Offence- Terminated

3. **PLAYER ROTATION**

- Below Atom: Players must be changed in five player units only, when indicated by the buzzer. In Atom division the buzzer system may be put into effect by the convener if changing becomes a problem. The buzzer length will be 3-minute intervals for tyke and 2 minutes for Novice and up.
- Coaches will use a five-man constant rotation system only. **Example** – Players # as listed on the game sheet:
 - 1st line - #4, 3, 2, 1, 6
 - 2nd line- #5, 7, 8, 9, 10
 - 3rdline - #12, 13, 14, 4, 3
 - 4th line - #2, 1,6,5,7.
 - Etc.

player rotation (cont'd)

- In the Tyke and Novice division, one coach or assistant will be permitted to remain on the ice with skates and helmet for the first 5 games of the schedule or as the convener and coaches agree.
- The Novice division and up will change ends between periods.
- In the Novice division after the 5th game icings will be called for the remainder of the schedule.
- Atom division & Up
 - 16 Players 1 goalie, 6 defencemen, 3 centres, 6 wingers
 - 15 Players 1 goalie, 5 defencemen, 3 centres, 6 wingers
 - 14 Players 1 goalie, 4 defencemen, 3 centres, 6 wingers
 - 13 Players 1 goalie, 4 defencemen, 2 centres, 6 wingers
 - 12 Players 1 goalie, 4 defencemen, 3 centres, 4 wingers
 - 11 Players 1 goalie, 4 defencemen, 2 centres, 4 wingersAlternate methods other than those listed above maybe implemented upon permission of the convener.

4. A team must ice one goalie equipped in proper equipment and six skaters or forfeit the game.
5. From Atom and up, if a House League team has no goaltender; a regular goaltender from the same division may be used pending notification to the division convener. No protest shall be allowed on the above substitution. No other substitutes allowed.

2011-12 RULES AND REGULATIONS BMHA

6. The home team shall supply the game sheet and ensure that both teams fill it out. In the absence of a convener, the home team is responsible for an official scorer during the game. At the completion of the game the game sheet shall be forwarded to the home team coach of the following game. When there is no convener present, the home team of the last game shall take all the game sheets for the day's game to the Vice-President of the Local League Division.
7. The visiting team is responsible for the operation of the clock when the convener is absent.
8. Regular scheduled Local League games for Tyke and Novice shall be as listed;
 - 1st period 15 min. Straight time
 - 2nd period 15 min. Straight time
 - 3rd period 15 min. Straight time
9. Regular House League games for Atom and above shall be as listed;
 - 1st period 10 minutes stop time minimum
 - 2nd period 10 minutes stop time minimum
 - 3rd period 10 minutes stop time minimum
10. Regulation goal posts and nets will be used in all divisions, excluding mite. Pee wee and up, magnets will be used and pinned accordingly.
11. There will be no body checking in House League at or in any division.
12. Any team rescheduling a league game shall be responsible for all expenses.

PLAYOFF FORMAT

1. All play-offs in a series shall be conducted using the tournament system or any other system as approved by BMHA in conjunction with the Director responsible for House League play.
2. All teams from Atom and up will compete in playoffs. Playoffs in Tyke and Novice may take place at the BMHA Executive's discretion.
3. Tie Breaking Format – Standings -Playoffs
 - Two Teams Tied
 1. The won-lost record for the season with the team with the most wins getting the higher ranked spot.
 2. If still tied, the record between the two teams involved, with the team with the best record getting the higher ranked spot.
 3. If still tied, add the teams' goals for with the goals against and divide into the goals for. The team with the higher percentage, i.e. closest to 1.0 will be awarded the higher ranked spot.
 - More than Two Teams Tied
 4. The won-lost record for the season with the team with the most wins getting the higher ranked spot.
 5. If still tied, apply point 3 above.
4. Playoff Local League games for Atom and above shall be as listed;
 - 1st period 10 minutes stop time minimum
 - 2nd period 10 minutes stop time minimum
 - 3rd period 10 minutes stop time minimumTimes may be adjusted where necessary by the convener.
5. TIE GAMES: If after regulation time a game is tied, a five (5) minute stop time sudden victory overtime period will be played. If still tied, after the 1st overtime period another five minutes sudden

2011-12 RULES AND REGULATIONS BMHA

victory period will be played with a whistle or buzzer every minute, with each team losing one player until the teams get to the minimum number of players, (2 skaters and 1 goaltender). If a penalty is assessed after the minimum # of players has been reached, the penalized team will put that player in the penalty box for his penalty and their opponents shall be allowed three skaters at this time. The offending team shall replace the penalized player and the non-offending team shall add one skater. At the end of penalty if no goal was scored play shall resume to two on two. During the Championship games, (A & B) the overtime will be as above except the 1st overtime period will be 10 minutes in length. In round robin there will be no overtime, each team will get one, (1) point, except championship games, which will use the above system.

PENALTY REGULATIONS

Refer to C.H.A. Rule Book – Section IV and the OMHA Suspension List as per OMHA Manual of Operations

1. Referees must use their best judgement at all times in the applications of the rules, enforce the rules fairly and impartially, and penalize rough play strictly. Referees should be familiar with the BMHA Rules & Regulations Booklet.
2. In Tyke and Novice House League games, penalties will be straight time, except when penalties are assessed during the stop time portion of the game. Straight time penalties are 3 minutes for minors, 7 minutes for major penalties. Tyke and Novice will only serve the remainder of their shift for minor penalties. Major penalties must be served.
3. Three penalties in the same game will result in the player being ejected from the remainder of the game. Timekeepers will draw the 3rd penalty to the attention of the referee.
4. Body checking in House League shall be a minor or major penalty at the discretion of the referee. **Excessive body checking penalties will be reviewed by the discipline committee.**
5. Fighting Rules
 - Any player receiving a first fighting major (GM 30) shall be suspended as per the OMHA Manual of Operations and the CHA rule book.
 - If a player receives a 2nd major penalty during the season he/she shall be suspended for 2 games in addition to whatever is listed in the OMHA Operations and CHA rule book.
 - If a player receives a 3rd major penalty for fighting during the season, he/she shall be suspended indefinitely until a hearing with the Disciplinary Committee is held and a decision is rendered.
6. If it is obvious to the referee, he can give the instigator for a fighting major and write him up as the instigator and give the other player a major for roughing
7. A player receiving a second penalty during the season requiring a second suspension will face additional sanctions from the discipline committee.
8. Any team official contravening the BMHA rules and regulations will be subject to suspension by the Division Convener and /or the Executive.
9. Any player or team official under suspension for an offence other than a match penalty shall be allowed to play exhibition games and attend practices with his team. If a suspension is issued for a match penalty, the suspended individual shall not associate with his/her hockey team. Match penalties are reported to the OMHA and dealt with by the OMHA.
10. The number of game suspensions for a Match penalty shall be determined by the OMHA. The suspension list will be distributed to each coach and convener as soon as it is published by the OMHA.

2011-12 RULES AND REGULATIONS BMHA

PROTESTS AND COMPLAINTS

1. All protests are to be submitted in writing by the coach, and signed by the coach and the division convener and/or the President of BMHA, and/or Executive responsible for House League and delivered to the BMHA secretary within 48 hours after the completion of the protested game.
2. All protests must be accompanied by \$20.00 which will be returned if the decision is in favour of the protesting team. All money lost due to a protest will be turned over to the Help Fund.
3. Any protest questioning the referee's judgement will not be accepted.
4. The Executive responsible for House League will be responsible for the formation of a protest committee, to be made up of three conveners, one outside person, and the referee-in-chief to handle the protests in their division

TOURNAMENTS and EXHIBITION GAMES

1. House League teams may participate in OMHA sanctioned tournaments and Exhibition Games only to the extent allowed by the OMHA Rulebook. Playing in tournaments and/or exhibition games will not interfere with the BMHA Local League schedule.
2. Any House League team participating in a tournament or exhibition game must have an OMHA carded coach and trainer on the bench as per OMHA regulations. (2 different people must fill these roles)
3. The coach of any House League team participating in a tournament or exhibition game must have the written approval of the Division Convener or the Director responsible for House League (as per General Rule Chapter 1, Rule 2). Any coach found participating in a tournament or exhibition game without the written permission and other compliance documentation as required by BMHA or OMHA will be suspended based on the Discipline committee's decision, such decision to be final and binding.
4. A House League coach is allowed to participate in a tournament or exhibition game with his/her BMHA assigned team. He/she **may not** add players from teams in his/her division. Coaches must give at least two weeks' notice in advance of a tournament or exhibition game, if they intend to add players from a younger division to replace injured or vacationing players according to the rules associated with affiliated players in both the BMHA and OMHA Rules and Regulations handbooks. Coaches must submit a roster to the Director responsible for House League prior to entering any tournament. Violation of any part of this rule will result in a suspension based on the Discipline committee's decision, such decision to be final and binding.
5. A House League team may not participate in a tournament or exhibition game that has body checking.
6. No coach shall be permitted to assemble a team of players selected from his/her own division

CHAPTER 3: O.M.H.A. TEAMS AND REGULATIONS

REGULATIONS AND DEADLINES

1. Players wishing to play for OMHA teams within the BMHA system, must be registered with BMHA, and are not eligible for help fund assistance.
2. All OMHA teams at the A Representative level must carry a minimum of 15 skaters and 2 goaltenders. AE Representative Teams must make every effort to carry a minimum of 15 skaters and

2011-12 RULES AND REGULATIONS BMHA

2 goaltenders. A shorter roster may be permitted from time to time **at the AE level only** at the discretion of the V.P. of BMHA responsible for Representative Teams, and the Executive Director. **Coaches must submit a player roster within 3 days of the final day of tryouts to the BMHA office.**

3. There shall be no movement of any OMHA rostered players after November 15th of the playing season.
4. There will be no refund of any surcharges or parent contributions upon withdrawal from a team until a replacement player is found and has paid the same or similar surcharges or parent contributions. Players that remain on the OMHA roster for representative teams after an injury and then return to play will be responsible for all fees paid by remaining players.
5. Players competing for any AAA, A, or additional entry team may only sign for one team in any one season and will not be eligible for House League play.
6. Players may affiliate to only one team during any one season. Once rostered as an affiliate player you are then contracted to that team and may not be removed to affiliate to a separate team.
7. **PLAYER MOVEMENT**
 - If a team brings up a player from House League then they must send down a player eligible to play in that division.
 - Any player signed above the final list must play in the House League.
 - Prior to December 1st, signed players may move from the House League to OMHA teams under the following conditions;
 - ⇒ That the replacement is for a player that is injured, sick, quits or moves from the area. There shall be no movement of players owing to suspensions.
 - ⇒ Any House League player can be played on an OMHA team on a trial basis if
 - ❖ All House League commitments must come first
 - ❖ His/her House League team is not affected.
 - ❖ The player is on an approved affiliated player's list for the team in question.
 - ⇒ Affiliation rules are as defined by the OMHA rulebook.
 - By December 15, a final list of affiliated players must be submitted to the V-Pres., OMHA for final approval by the OMHA. No changes after this date.
 - OMHA teams may take only one player at a time from any House League team during the final three weeks of the regular season and during playoffs.
 - Affiliated players for additional entry teams will be players of the same age group.
8. A team will not play any game either home or away where there are not two carded officials.

TYKE MAJOR

The Tyke Major Representative team will be composed of children born in 2003. The team will be rostered as Novice AE GR 3, and play in a regular OMHA league and will not be eligible for OMHA playoffs. In lieu of not entering OMHA playoffs the team will be allowed to enter second season Hasting Cup Play if it exists. All rules and regulations of O.M.H.A. teams apply equally to this team.

TRYOUTS

1. The first two tryouts out are open to any player. After the 2nd tryout players can attend by invitation of the coach and only if they have attended one of the first two tryouts.
2. Any player missing the first two tryouts for medical or other reasons as approved by the Coach and the Board, may attend the third tryout by coaches invitation and Board approval if they have paid the fee for all previous tryouts missed.

2011-12 RULES AND REGULATIONS BMHA

3. Any player wishing to qualify for play on an OMHA team in an age category above his present category is eligible to attend tryouts. This applies for the first entry team only. The Board members in charge of tryouts shall notify the coach of the younger players in attendance. The Board shall then advise the coach's selection committee of the situation. The coach's selection committee will assess players in this situation. The selection committee will make the assessment as to whether the younger players may stay based on the following criteria:
 - ⇒ Any forward must be top three.
 - ⇒ Any defenseman must be top two.
 - ⇒ Any goaltender must be the top at the tryout unless there are only two competing.
 - ⇒ The B.M.H.A., the Selection Committee and/or the Coach Mentor shall have the authority to restrict the number of underage players on any given team.Any player not making the higher team shall be notified in time to attend tryouts for his/her natural team.
Players not in the natural age group are not allowed to attend tryouts for an additional entry team as these teams are geared for development.
4. To be eligible as an affiliated player, players must have attended OMHA tryouts. If extenuating circumstances exist it will be up to the Board to approve affiliated players who did not attend tryouts.

TEAM MANAGEMENT AND EQUIPMENT

1. The players upon being selected to a representative team must pay all team surcharges, parent contributions or other amounts planned for and budgeted by the team. Team managers are required to have all surcharges or parent contributions turned into the Treasurer by November 15th. All fundraising monies should be in no later than December 31st. Any player not paying their surcharges or other parent contributions within the time allotted shall be suspended from any further games & practices until the fee is paid in full.
2. All game sheets must be left in the OMHA box at the rink for the convener to pick up.
3. OMHA teams are to prepare and submit a team budget by September 30th of the current year, subject to the approval of BMHA. OMHA team budget target not to exceed level established by BMHA. A copy of the teams approved Budget must be signed by a parent of each player and must be submitted to the office along with other required documents.
4. All OMHA teams' managers shall present, to the families/parents of their team, the financial status of the team, monthly as proved/published by the BMHA Board.
5. All OMHA sweaters will have the "Bulls" logo on the front and the sponsor's name and OMHA stop sign will appear on the back underneath the number. If the players' names are added to the sweater, these will appear above the number on the sweater. Both the sponsor's name and the players' name will be the removable type.
6. **During Playoff times all Representative teams must be prepared to travel on 24hrs notice. Teams are responsible to be aware of current weather predictions and are required to take a bus should there be active weather. Cancelations will only occur should the bus cancel.**
7. **IT IS THE COACH'S RESPONSIBILITY TO MAKE SURE THAT ALL SWEATERS ARE COLLECTED AND PROPERLY MAINTAINED AFTER EACH AND EVERY GAME THROUGHOUT THE SEASON. NO INDIVIDUAL PLAYER SHALL BE ALLOWED TO TAKE POSSESSION OF HIS/HER SWEATER DURING THE SEASON.**
8. At the end of the season, 2 complete sets of sweaters and sweater bags must be returned to the OMHA or EQUIPMENT director no later than March 31. Each year there will be a jersey amortization charge levied to all rep teams for the use of these sweaters. Sweaters that are not

2011-12 RULES AND REGULATIONS BMHA

returned or are returned damaged will carry a different cost as assessed by the Board and at the sole and absolute discretion of the Board in terms of amount. All teams will also be assessed a final cleaning charge for the set of jerseys.

9. **O.M.H.A. teams that have outstanding sweaters after the final return date, as set by the equipment director shall have their team funds frozen. The funds will be released at such a time when the sweaters are returned. No reimbursements will be given to teams until all sweaters are accounted for.**
10. Any team, OMHA or Local League purchasing clothing, accessories or articles associated with any team purchases, or made in a manner that would connect them to a team official and worn/used due to their association with Belleville Minor Hockey will only use the “official” logo and “wording” as approved by the Board, purchased from an authorized supplier to be determined at the beginning of each season based on RFP response. No facsimiles of or similarity to the logo or term relating to the “Bulls” or Belleville Minor Hockey will be acceptable.
11. **DRESS CODE**

All OMHA teams, first or additional entry, and tyke major, shall follow the dress code policy as set by the BMHA Executive:

 - BMHA representative teams are representing the City of Belleville.
 - All teams **Tyke through to Peewee Major** have the option to wear black dress pants or neat black jeans (not faded), black shoes, a white dress shirt and tie or a solid colored dress shirt and tie or white, black or red turtle neck or mock turtle neck with “Bulls” Logo or white, black or red golf shirt with Bulls Logo at all league/play off and exhibition games. Players will all wear either the winter jacket approved by the BMHA or the upper shell of the windsuit approved by the BMHA in addition to the shirts chosen to be worn by the team. Teams from Tyke through to Peewee Major may choose to wear the BMHA windsuit to all games and practices.
 - **Bantam Minor through to Midget Major** must wear black dress pants or neat black jeans (not faded), black shoes, a white dress shirt and tie or a solid colored dress shirt and tie or white, black or red turtle neck or mock turtle neck with “Bulls” Logo or white, black or red golf shirt with Bulls Logo at all league/play off and exhibition games. Players will all wear either the winter jacket approved by the BMHA or the **upper shell** of the windsuit approved by the BMHA in addition to the shirts chosen to be worn by the team.
 - **All the players of the team must be in the same attire at any particular game.** This means, for example, that if the team decides to purchase black turtle necks and to wear these at all away games then all players shall be the same. Teams minimum wear at tournaments will be as above or BMHA approved wind suits. All players must be dressed alike at any game either home or away depending on the mix of clothing chosen by the team.
 - All OMHA players will wear a black CSA approved helmet and BMHA approved socks. In addition to helmet and socks, black gloves and black pants will also be mandatory.

TOURNAMENTS, EXHIBITION GAMES AND PRACTICES

1. OMHA teams will be permitted to participate in a maximum of four, (4) tournaments per hockey season. A home tournament does not count as one of the above. Teams willing to participate in more than 4 must obtain written permission from the Board.
2. The BMHA reserves the right to limit the number of exhibition games that any one team may participate in during any single season.
3. Team practices may be suspended during playoff season, depending on ice availability. Team may not receive replacement ice for that lost due to the scheduling of games.

2011-12 RULES AND REGULATIONS BMHA

4. OMHA teams may not invite additional players to their regular practice, except those players on the team's approved affiliated player list or by special permission of the Board in situations where it is deemed practical and advisable for development reasons for the player or players in question.
5. Teams playing exhibition games must have two or three carded referees.
6. The following indicates the game lengths for each division. There shall be no variation from this chart for all home league and exhibition games.

Age Division	Period Lengths
Novice/Novice AE/Tyke Major	10/10/15
Atom Minor/Atom Minor AE/Atom/Atom AE	10/15/15
Peewee Minor/Peewee Minor AE/Peewee/Peewee AE	10/15/15
Bantam Minor/Bantam Minor AE/Bantam/Bantam AE	15/15/15
Midget Minor/Midget Minor AE/Midget	15/15/15

***Game length will be set according to the League Constitution and or By-Laws.**

Floods will be after 2nd and 3rd period for each game on an OMHA game day. After the first Minor Bantam or older game floods will be every 2 periods until the end of the evening.

CODE OF CONDUCT GUIDELINES FOR COACHES, PLAYERS, PARENTS

COACHES

1. It is acknowledged by coaching staff of all teams that players and parents of players are to be treated with respect and that at no time will they be personally insulted or degraded.
2. It is expected that all coaching staff will have to use disciplinary measures on occasion. These measures are to be given using common sense and at no time will physical or mental force be used or tolerated.
3. If a member of the coaching staff has a discipline problem they are to file a report with the head coach and a meeting of that coaching staff, parent and player and Board member if the coach chooses will be arranged immediately.
4. If a player has a grievance with his or her coaching staff that matter is to be presented in writing to the head coach or manager who will take appropriate action.
5. If a parent has a grievance with his or her coaching staff that matter is to be presented in writing to the head coach or manager who will take appropriate action.
6. Players will be chosen for a representative team based on their skill at tryouts, their desire and co-operation.
7. The coaching staff will at no time encourage players to deliberately injure a player on the opposing team.
8. The coaching staff will never verbally or physically abuse any player on any team or game officials or coaching staff of an opposing team.
9. All coaching staff will constantly be aware that their goal is to encourage and develop sportsmanship, skill and love of the game of hockey. That their behavior and demeanor should be such that they are a credit to their team, the Belleville Minor Hockey Association and the game.
10. To ensure fair play and player development all OMHA rep players must have equal ice time during the first and second periods and up to the last five minutes of the third period. The BMHA gives all OMHA coaches full latitude to shorten their bench in the last five minutes of the third period including any overtime.

PARENTS

1. Parents are expected to refrain from directing derogatory or negative comments at coaching staff during practice or game or at any time.

2011-12 RULES AND REGULATIONS BMHA

2. Parents are expected to refrain from directing derogatory or negative comments at players or game officials during practice or game or at any time.
3. Coaching staff request parental support in the presence of players.
4. Parents are asked to express comments or suggestions to coaching staff in private and in person and after a 24 hour cooling down period.
5. Parents are asked to refrain from assuming coaching roles from the sidelines.
6. Coaching decisions regarding a player's position or other items are not protestable and the Board will not change the decision of a coach.
7. All parents are invited to take an active part in the practices and skill development and are asked to approach the coach of the team with their assistance.
8. Parents are asked to bear in mind that their attitude toward the coaching staff, teammates and game officials will be reflected in their child's attitude. If you have nothing positive to offer please offer nothing in front of your child.
9. Parents are asked to respect the sanctity of the dressing room before and after a game. This time is reserved for the coach and the team.

PLAYERS

1. All players must attend all practices. If a player cannot attend it is his/her responsibility to call the coaching staff a minimum of 2 hours prior to the practice. Any player failing to notify the coaching staff will be disciplined.
2. All players will respect the coaching staff and decisions made by them. If any player wishes to make a comment to the coaching staff of the team, it will be done in private.
3. All players must attend every game. Exception may be made providing proper notice, which will be a minimum of 24 hours.
4. If a player has an unresolved grievance toward the coaching staff he may make it known in writing to the head coach/manager. This will result in an interview with the player, coaching staff and parent and Board member upon request.
5. All players will participate in all areas of practice, exceptions to be made in the case of illness or injury only.
6. Any player suspended or ejected from a game must go directly to the dressing room and change and either remain there until the completion of the game or go home. Player may return to the stands under the accompaniment of a parent or guardian who will be held responsible for their behavior.
7. During practice when the coaching staff is giving instruction to the team, all players will remain silent. All players agree that their coaches know more about hockey than they do. When offered advice all players will listen attentively and try their very best to follow that advice.
8. All players will sincerely try to avoid retaliation, fighting, and unsportsmanlike or misconduct penalties, recognizing that these types of penalties do not help the team and are selfish displays of temper and total lack of self-discipline.
9. Players will not criticize their teammates realizing this only does harm and no good.

General Policy Regarding Alcohol, Drugs or any other Substances with Performance Altering Properties

Belleville Minor Hockey believes strongly in the development of our youth through the positive experience of Hockey. We do not support nor believe in having present, in any way, other life influences that expose our athletes to Alcohol, Drugs or any other Substances with Performance Altering Properties. It is, therefore, strictly forbidden by BMHA that any person involved with our athletes during BMHA activities be in any way consuming or impaired by such Substances. It is also forbidden for any person to arrive for participation with our athletes having consumed or become impaired by such Substances prior to arrival for any BMHA activity. BMHA cannot forbid, control or otherwise enforce any behavior of individuals after such BMHA activities are finished and, therefore, the organization takes no responsibility for any actions or consequences of actions of any individual once the rink has been left. For example, activities and behavior in hotels at tournaments will not be the responsibility of BMHA. These times after games are completed, and hence, any activities associated with this time will not be considered by BMHA to be hockey activity time. We do, however, encourage all coaches, parents and players to keep in mind at all times that such activities can have a dramatic impact on the lives and the learning of individuals and that we must always remember when we are representing the City of Belleville and BMHA in a position of leadership and/or considered an example to others that we will not act in a disorderly manner or in a manner likely to bring discredit upon the reputation of the Belleville Minor Hockey Association. Please support us in our belief that good, clean fun is the best fun.

The sole intent of this guideline is to provide our teams with a consistent form of discipline. It is our wish to build a solid hockey future for our children and this area. Talent and skills are necessary but more importantly, our hockey needs a sense of team effort. Our focus this year is to emphasize the team effort, to encourage our young people to assist each other instead of criticizing each other. We must make every effort as parents, coaches, and players to build one another up, to refrain from being critical behind the back of others, and to realize we have a common goal. This is to provide the best and demand the best from each individual thereby instilling a sense of pride and self worth in each player.

As a Board, we will enforce these guidelines. Any parent, coach or player found violating these guidelines will be suspended from hockey or removed from the rinks for a period of time as determined by the Board.

2011-12 RULES AND REGULATIONS BMHA

BELLEVILLE MINOR HOCKEY ASSOCIATION

EXECUTIVE 2011-12

Executive Director**Erin Jones**

President

Please see the BMHA website for listing

Treasurer

Secretary

Hockey Operations and Advancement

Administration/ Human Resources

BMHA Affairs

Player Affairs and Planning House League

Player Affairs and Planning Representative.

Referee Assignor OMHA

Stephen Jones 613-962-3202

Referee Assignor Local League

James McGuey 613-969-5109

To call or contact the BMHA or any one it's Executive Members

Please visit www.bellevilleminorhockey.com to find a list of e-mail addresses for the Executive Members.

LOCAL LEAGUE

DIVISION	BORN IN	CONVENORS
MITE	2005-2006	Please see BMHA website for a listing
TYKE	2004	
NOVICE	2002-2003	
ATOM	2001-2002	
PEEWEE	2000-1999	
BANTAM	1998-1997	
MIDGET/JUV	1996-1993	